



Opening Hours

Monday - Saturday 10am to 6pm

Sunday 10am to 4pm

***thermal suite closes 30 mins before spa**

T:(051)447333 solas@brandonhousehotel.ie www.solascroi.ie



Relax

...at the Solas Croi Spa



BRANDON HOUSE HOTEL
& SOLAS CROI ECO SPA

Elemis Pro Glow Facials

ELEMIS Pro Glow Resurface: *RESURFACING FOR STUNNINGLY SMOOTH SKIN*

This unique facial powered by patented Tri-Enzyme technology minimizes the look of uneven tone, texture, fine lines, and pigmentation. Dull, uneven, tired-looking skin will appear instantly brighter, smoother, and renewed. **€110 (50mins)**

Elemis Pro-Glow Renewal Facial: *FOR A HEALTHY, GORGEOUS GLOW*

ELEMIS' signature deep cleansing skin wellness facial harnesses the goodness of Prebiotics and antioxidants to deliver healthy glowing skin. **€110 (50mins)**

ELEMIS Pro Glow Smooth: *THE HIIT WORKOUT FOR YOUR SKIN*

Skin is prepped for an infusion of hydration that will double its moisture content, leaving it feeling plump and hydrated, whilst delivering an immediate and visibly tightened effect. After just one treatment, the complexion looks firmer, supremely smooth, and rejuvenated. **€110 (50mins)**

Elemis Pro Glow Brilliance: *YOUR RECIPE FOR RADIANCE*

A fusion of Superfoods and antioxidant-rich facial oils plump the skin with moisture, whilst helping to nourish and protect. Skin is left feeling fresh, radiant, and healthy. **€110 (50mins)**

Solas Harmonising Facial: Facial consists of a deep cleanse, tone, massage, exfoliation, mask, and moisturization. **€90 (40mins)**

BIOTEC Taster Facial: This taster facial provides an introduction to the Elemis BIOTEC technology **€65 (30mins)**

Add some extra luxury to your treatments:

Pro collagen anti-aging Eye treatment: 15 mins €30

Instantly reduces the appearance of fine lines & wrinkles & provides a skin tightening effect for the eye contours.

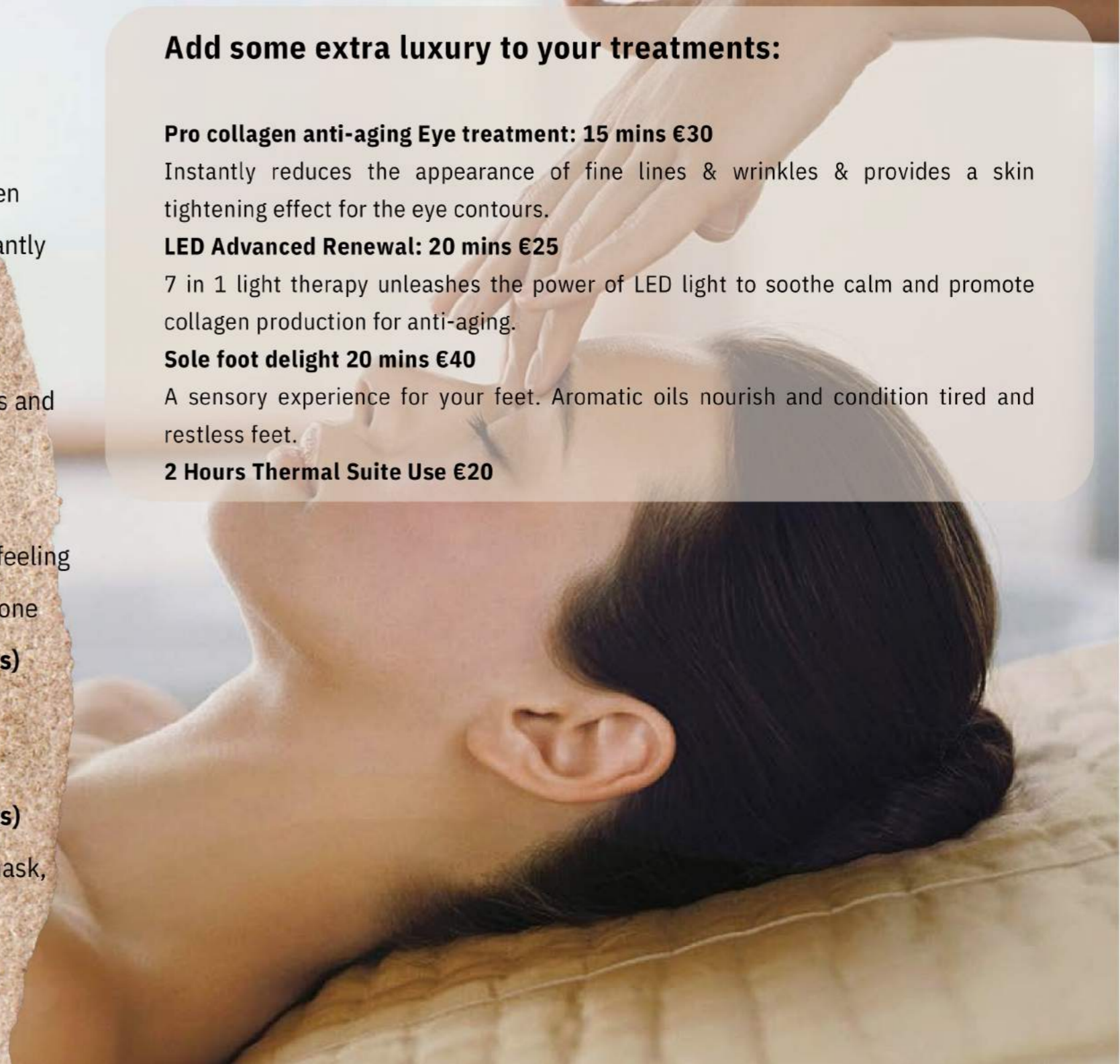
LED Advanced Renewal: 20 mins €25

7 in 1 light therapy unleashes the power of LED light to soothe calm and promote collagen production for anti-aging.

Sole foot delight 20 mins €40

A sensory experience for your feet. Aromatic oils nourish and condition tired and restless feet.

2 Hours Thermal Suite Use €20



Elemis BIOTEC

Elemis BIOTEC The pioneering BIOTEC machine works to switch your skin back on, increasing its natural cellular energy. Technology turbo-charges touch. The clinically proven result? Visibly healthy, nourished, and energised skin.

Pro-Glow Renewal Facial+ FOR A HEALTHY, GORGEOUS GLOW €120 (60 mins)
ELEMIS' signature deep cleansing skin wellness facial harnesses the goodness of Prebiotics and antioxidants to deliver a healthy-looking, lit-from-within glow.

Pro-Glow Resurface Facial +REVEAL STUNNINGLY SMOOTH SKIN €120 (60 mins)
Super-charged deep cleansing and powerful ultrasonic peel technology results in dull, uneven, tired-looking skin appearing instantly renewed and stunningly smooth and clear.

Pro-Glow Brilliance Facial+ YOUR RECIPE FOR RADIANCE €120 (60 mins)
Hydrating technology and antioxidant-rich Superfoods will plump and smooth with a super-charged air massage to breathe life into your skin. Immediately revealing a super-healthy complexion.

Pro-Glow Smooth Facial+ THE ULTIMATE HIIT WORKOUT FOR YOUR SKIN €120 (60mins)
Ultrasonic peeling exfoliates dead skin cells to smooth and prepare the skin for line-fighting microcurrent technology, targeting lines and wrinkles for more radiant, youthful-looking skin. Skin will appear more vibrant, with an improved feeling of firmness and elasticity.

€120 per treatment or a course of 5 treatments €525

Add some extra luxury to your treatments:

Pro collagen anti-aging eye treatment **€30 (15 mins)**
Sole foot delight **€40 (20 mins)**

Massage Therapies

Freestyle Deep Tissue Massage: This deep customised rhythmic massage alleviates stress, eases aching muscles & revives the senses, using specially selected oil. **€100 (55 mins)**

Deep Tissue Back Massage: Specifically targeting the back, shoulders and neck areas, where you need it most. **€70 (25 mins)**

Full Body Swedish Massage: This ancient stress reliever is ideal for the active body and busy mind. **€95 (55 mins)**

Hot Stone Massage: Extremely popular, this massage uses hot stones coupled with freestyle massage techniques to ease the entire body.

Full Body- €115 (70 mins)

Half Body- €75 (45 mins)

Indian Head Massage: €70 (40mins)

Back Neck Shoulder: €60 (25 mins) Course of 6 €300



Cleansing Therapies

Backcial: For the congested back this treatment starts with a full cleanse tone and exfoliation followed by a relaxing back massage and finished with a detoxifying mask and moisturizer. Perfect for the over worked back. **€65 (40mins)**

Scrubs and Wraps

Frangipani Salt Glow Scrub: A luxurious Mineral Rich Salt and Hibiscus cleanse and exfoliation, with an infusion of exotic Tahitian Monoi Oil and Frangipani Flowers to seal in moisture. **€70 (35mins)**

Exotic Lime and Ginger Salt Glow: Invigorated, cleansed and polished to perfection. A body exfoliation ritual to invigorate and revitalise the body. Warm oil is dripped luxuriously over the body, before the sublime Elemis Exotic Lime and Ginger Salt Glow is applied. Skin is deeply cleansed and moisturised, leaving it glowing and vibrant, replenished and flawless. **€70 (35mins)**

Cellutox Wrap: A deeply detoxifying blend to decongest and stimulate the system. Let thoughts drift away whilst you are cocooned in a comforting foil wrap and treated to a pressure point facial massage and de-stress scalp treatment. Combining the richness of sea plants and Marine Algae, this therapy helps refine the appearance of cellulite and relieve the discomfort of fluid retention. The body is re-energised, and skin is left silky soft and smooth. **€80 (45mins)**

Musclese Aroma Spa Ocean Wrap: Powerful Seaweed wrap for complete muscle relaxation. Drift away whilst you are cocooned in a comforting foil wrap and treated to a pressure point facial and de-stress scalp treatment. Using a warming blend of Essential Oils, this specialized treatment helps ease aching, tense muscles. **€80 (45mins)**

Frangipani Body Nectar Nourishing Wrap: The velvety texture of Monoi Oil offers intense hydration to quench thirsty skin. You are kept cocooned in warmth whilst the mood-balancing aromatics and skin-conditioning oils perform their magic. **€80 (55mins)**

Add some extra luxury to your treatments:

Pro collagen anti-aging Eye treatment **€30 (15 mins)**

LED mask **€25 (20 mins)**

Sole foot delight **€40 (20 mins)**





Specialised Therapies

Reflexology - Pressure points in your feet are massaged to relieve energy that flows through the zones of your body and causes it to heal itself. Pressure is applied at special sites which affect the associated area of your body, bringing about both physical and mental healing processes and creating a total balance of mind, body, and soul. **€75 (50 mins)**
Course of 6 **€395**

Ear Candling - To experience a feeling of warmth and soothing within the ear, balancing pressure in the ears and sinuses and relieving pain leading to better hearing, clearer breathing, and a heightened sense of smell after treatment. **€65 (45 mins)**

Spa Packages

Solas Croi Signature Spa Package: Go all out!! Arrive in the morning and enjoy full use of the thermal suite before starting with a full body lime and ginger exfoliating scrub. After this relax into a full body nourishing massage using specially selected oils. Take a break and enjoy a light lunch at this point before finishing with the phenomenal Elemis Pro Glow Facial. Walk in float out!! **€245 Allow up to 5 hours**

Pure Indulgence: Relax in the Thermal Suite followed by a Full Body Massage, Solas Harmonising Facial then enjoy a healthy lunch in our Solas Croí Bistro. **€175 (Allow up to 4 hours)**

Elemis Face & Body Sensation: Experience the ultimate Elemis dual treatment. Let our skilled therapists relieve stress and aching muscles with a sensational massage incorporating the healing effects of hot stone. Then once fully relaxed be treated to a prescription Elemis Pro Glow Facial specifically designed for your skin's needs. **€160 (1hr 45mins)**

Recharge and Revitalise: Soothing warm back massage followed by one of our Elemis BIOTEC facials and includes a session on the Dry Float Relaxer. **€170 (2hrs)**

A Treat for Her: Back Neck and Shoulder massage followed by a Solas Harmonising facial and includes a session on our Dry Float Relaxer. **€155 (1hr 45 mins)**

A Treat for Him: An Indian Head Massage followed by Men's Pro Glow taster facial and includes a session on the Dry Float Relaxer. **€155 (1hr 45 mins)**

Exotic Delight: After being scrubbed top to toe with salt lime and ginger body scrub, finish with a delightful warm full-body massage. **€150 (1hr 30mins)**

Frangipani full body Cocoon: Experience Frangipani Salt Glow Scrub and Frangipani Body Nectar Nourishing wrap, includes facial ritual. **€145 (1hr 15 mins)**

Thermal Suite & Dry Float

Facilities include Sauna 95 degrees, Steam Room, Sanarium, Jacuzzi, Outdoor cold Plunge Pool, Alpha Sphere Relaxation beds, foot baths, Via Sensus Reflexology Walk, Bistro area.

Thermal Suite Non-Residents: Up to 2hrs use **€35**
Residents: Up to 2hrs use **€25**

Dry Float Relaxer: €30 (30mins)

Experience a weightless state while your body is massaged by jets of water without the inconvenience of getting wet!

Thermal suite plus dry float relaxer

Non resident **€55**
Hotel resident **€45**

Spa Membership

3 months €250 -20% discount on treatments unlimited access to the thermal suite.

6 months €400 -10% discount on products 20% discount on treatments unlimited access to the thermal suite.

1 year €650 - 10% discount on products 20% discount on treatments Unlimited access to the thermal suite and use of the dry float relaxer 1 per month (midweek only) **essential to pre book.**

Beauty at Solas Croí Spa

Eyelash Extensions

Classic **€65** Refill **€50**

**Refills 1 – 3 weeks only after full set application*

Hybrid **€70** 1hour 45 Refill **€55**

Volume **€80** 2 hours Refill **€65**

Weekend lashes **€40**

Eyelash Enhancements

Eyelash Tint **€20**

Lash Lift **€65**

Eyebrow enhancements

Henna **€45**

Lamination **€55 (60 mins)**

Eyebrow Tint **€15**



Lycon Waxing Treatments

Half leg **€25**

Full leg **€35**

Bikini **€25**

Californian **€35**

Brazilian **€45**

Hollywood **€60**

Under arm **€20**

Brow, lip & chin wax **€30**

Brow wax **€15**

Lip wax **€10**

Chin Wax **€10**

Sides of Face **€10**

Patch Testing – May be required up to 48hrs in advance for lash extensions, Eyebrow treatments, Tinting, and Waxing.

Eye Trio (lash & eyebrow tint & trim) **€35**

Beauty at Solas Croí Spa

Nails

- File and Paint **€20**
- Mini Manicure **€30 25mins**
- Mini Pedicure **€35 25 mins**
- Manicure **€55**
- Pedicure **€60**
- Shellac **€40**
- Shellac removal **€15**
- Shellac removal and re-application **€45**
- Gel overlay **€50**
- Gel overlay removal **€20**
- Gel extensions **€65**
- Gel refills **€50** 3 weeks or over is full set
- Removal **€20**
- Acrylic Extension **€70**
- Acrylic refills **€55**
- Acrylic removal **€20**



Make Up Application

- Make up **€35 (40mins)**
- Make up with Strip lashes **€40 (45mins)**
- Make up with individual lashes **€45 (50mins)**
- Bridal Make up **€50 (60mins)**

Pregnancy Treatments

Peaceful Pregnancy Massage: This intuitive, restorative, and relaxing massage for mothers-to-be deeply hydrates skin that is expanding to accommodate a growing baby. Aromatics are specially selected for optimum wellness and deep calm. **€90 (55mins)**

Pro Glow Pregnancy Facial: Specially designed to help with hormonal breakouts and to give you that gorgeous pregnancy glow. The Oxygenated Mask will clarify and even out skin tone while alleviating excess pigmentation. **€100 (55mins)**

Lucky Legs Lighten Up: A mineral-rich hot/cold towel wrap, exfoliation, and massage for the lower legs and feet, this treatment will combat poor circulation and water retention. **€60 (40mins)**

Gorgeous Glow Top to Toe: Complete Top to Toe experience combining the Pro Glow pregnancy Facial and Lucky Legs Lighten up Therapies. **€150 (1hr 15mins)**

Express Beauty Treatments

Our express beauty treatments are suitable for busy clients who would like the benefits within their schedule, on their lunch break, or before a night out.

BIOTEC Lift & Rejuvenate €50 (30 mins)

Skin will be visibly smoother, more sculpted & firmer, with a spotlight on deep-set wrinkles.

Advanced Eye Revival €45 (25 mins)

Attention specifically for lifting and smoothing fine lines around the eyes.

Pro Definition Neck treatment €40 (25 mins)

Targeting neck & jawline, including lifting neck & jowl massage and microcurrent firming muscle contouring.

LED Advanced Renewal €30 (30 mins)

7 in 1 light therapy unleashes the power of LED light to soothe calm and promote collagen production for anti-aging.

Dry Float Relaxer & LED €50 (30 mins)

Relaxation & skin rejuvenation combined.

Additional Information

Age Restrictions – Solas Croi Day Spa is an adult-only facility.

Booking is essential and will only be confirmed upon receipt of credit card details.

Thermal Suite – You are invited to use our exclusive Thermal Suite Facilities for 1 Hour before your spa treatments over €65. This is not included in beauty treatments or express beauty. The Thermal Suite may be added or additional time over the complimentary 1 hour for €15.

Lateness – It is essential to arrive 15 minutes before your appointment. Lateness may result in a shortened treatment time but will not affect pricing. Please make staff aware upon booking if you or a member of the group are pregnant.

Cancellation Policy – As a courtesy to our other guests please give at least 48 hours notice if you need to cancel. Please note that there will be a 50% charge if cancelling after this time. No-shows or same-day cancellations will result in a 100% charge for the treatment booked.

Etiquette – You will be provided with a Robe, Towel, and Slippers on arrival. Please bring your own swimwear as this is essential in the Thermal Suite Area. We ask that all guests respect the privacy of others and that noise levels are kept to a minimum.

Solas Croí Day Spa accepts no responsibility for the loss or damage of personal property. Lockers are provided for safe storage of personal items. We ask that you do not place jewellery or other valuables in the pockets of your robe while using the spa facilities.

No smoking or vaping permitted within the Spa or on the balconies, please ask the staff for directions to the nearest designated heated smoking area.

No access will be permitted to people under the influence of alcohol.

Prices are correct at the time of print but may be altered without prior notice.

All relevant medical information must be given when filling out the medical consultation.

